if you want to help humanity, there is only one thing to do, it is to take yourself as completely as possible and offer yourself to the Divine. That is the solution. Because in this way, at least the material reality which you represent will be able to grow a little more like the Divine. ......How can you change anything without indeed having changed yourself?

8 April 1953

The Mother

(CWM Vol. : 05 "Q & A 1953" P-12-13)
Let us listen it...!

When you hesitate, when you wonder what to do in this or that circumstance, there come the desire, the preference both mental and vital, that press, insist, affirm and impose themselves, and, with the best reasons in the world, build up a whole case for themselves. And if you are not on the alert, if you don't have a firm discipline, if you don't have the habit of control, they finally convince you that they are right. ... they make so much noise that you do not even hear the tiny voice or the tiny, very quiet indication of the soul which says, "Don't do it."

This "Don't do it" comes often, but you discard it as something which has no power and follow your impulsive destiny. But if you are truly sincere in your will to find and live the truth, then you learn to listen better and better, you learn to discriminate more and more, and even if it costs you an effort, even if it causes you pain, you learn to obey.

14 November 1958

The Mother

(CWM Vol. 10 "On Thoughts and Aphorisms" P-25)
It is by Vidya,  
the Knowledge of the Oneness,  
that we know God;  
without it  
Avidya, the relative and multiple consciousness,  
is a night of darkness  
and a disorder of Ignorance.  
Yet if we exclude the field of that Ignorance,  
if we get rid of Avidya  
as if it were a thing non-existent and unreal,  
then Knowledge itself becomes  
a sort of obscurity  
and a source of imperfection.  
We become as men blinded by a light  
so that we can no longer see the field  
which that light illumes.

Sri Aurobindo

“...to the extent to which one is in relation with the psychic being, one faces the circumstances of life in an altogether different way and with a kind of inner freedom which makes one capable of withdrawing from a circumstance and not feeling the shock in the ordinary way. You can face the difficulty or outer things with calm, peace, and a sufficient inner knowledge not to be troubled.”

19 January 1955

The Mother

(CWM Vol. 07 “Q & A 1955” P- 21)
The whole process of the universe is in its very nature a sacrifice, voluntary or involuntary. Self-fulfilment by self-immolation, to grow by giving is the universal law.

Sri Aurobindo